

# DCF Children's Behavioral Health Initiatives

2013 -2014

BHP Oversight Council

February 19, 2014

# ACCESS Mental Health

- Embedded within PA 13-3 – SB 1160  
“An Act Concerning Gun Violence Prevention and Children’s Safety”
- \$1.8 million allocated for regional psychiatric consultation for primary care providers who serve children
- ValueOptions to administer program
- RFP for Psychiatric Consultation HUBS is underway

# ACCESS – MH (cont.)

## GOALS:

1. to educate pediatric providers on psychiatric disorders of childhood
2. to provide consultation around prescribing/managing psychotropic medications
3. to inform pediatric practices about local community resources available to help children/families with behavioral health concerns
4. to provide or arrange for emergency face-to-face assessment and connect-to-care when necessary

# CONNECT

## Ct Network of Care Transformation

- One year, \$400K SAMHSA grant designed to support expansion of current System of Care by developing a strategic plan that integrates activities and focus of various child-caring sectors on a regional level
- Based on System of care principals  
(Family driven, child centered, culturally competent)

# CONNECT (cont.)

- Goal is to develop a strategic plan to organize and coordinate activities between various child caring sectors; juvenile justice, early childhood, child welfare, education within a designated region to assist families in obtaining help across systems
- Project also call for an integrated data set across systems

# Children's MH Implementation Plan

## PA 13-178

- Legislatively driven mandate to create a comprehensive mental health plan addressing the needs of *all* children related to prevention, early intervention, and treatment
- Governor endorsed, DCF led initiative with support from CHDI and CT Health Foundation
- Extensive community outreach/listening forums underway

# 13-178 (cont.)

- Status report to legislature in April, 2014
- Full report due October , 2014
- Opportunity to review/incorporate findings from previous mental health plans, initiatives combined with immediate public input
- Opportunity to reinforce/enact planning activities embedded within the CONNECT grant

# SFY 13-14 Allocations

- \$3.5 million for Additional Trauma informed services
  - \$1 million for Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADCP)
  - \$1 million for statewide expansion of Trauma Focused Cognitive Behavioral Therapy
  - \$1 million for New Haven Trauma Coalition
  - \$500K for Bridgeport Cognitive Behavioral Intervention for Trauma in Schools (CBITS)



# Allocations (cont.)

- \$2 million for MST Expansion
  - MST-Problem Sexual Behavior (\$275K)
  - MST- Building Stronger Families (\$1.8 mill)

\$1.2 Million for Statewide Expansion of CBITS

# Proposed Budget Option

## SFY 2014-2015

- \$2 million for additional community based services tied to an anticipated \$5.4 million reduction in Congregate Care expenditures